

Cookie Policy

Like most websites, I use cookies to help to make my website work and to give you the best possible experience.

What are cookies?

Cookies are small text files that are saved on your computer, tablet or mobile phone. I use cookies to store information about how you use my website and to remember any preferences you set.

Cookies that I use:

Necessary

Name	Provider	Purpose	Duration
is_mobile	www.robsmithpsychotherapy.co.uk	This cookie is used to determine which type of device the visitor is using, so the website can be properly formatted.	Session
language	www.robsmithpsychotherapy.co.uk	Saves the user's preferred language on the website.	14 days
cf_bm	www.robsmithpsychotherapy.co.uk	This cookie is used to distinguish between humans and bots. This is beneficial for the website, in order to make valid reports on the use of their website.	1 day
CookieConsent	Cookiebot	Stores the user's cookie consent state for the current domain	1 year
1.gif	Cookiebot	Used to count the number of sessions to the website, necessary for optimising CMP product delivery	Session

Statistics

Name	Provider	Purpose	Duration
snowplowOutQueue	Cdn2.editmysite.com	Registers statistical data on users' behaviour on the website. Used for internal analytics by the website operator.	Persistent
_sp_root_domain_test_# [x3]	Cdn2.editmysite.com	Registers statistical data on users' behaviour on the website. Used for internal analytics by the website operator.	Session
_snow_id.#	Cdn2.editmysite.com	Used by Snowplow Analytics to track how users are browsing and engaging with a website.	2 years
_snow_ses.#	Cdn2.editmysite.com	Used by Snowplow Analytics to track how users are browsing and engaging with a website.	1 day

Marketing

Name	Provider	Purpose	Duration
i/jot/embeds	Twitter Inc.	Sets a unique ID for the visitor, that allows third party advertisers to target the visitor with relevant advertisement. This pairing service is provided by third party advertisement hubs, which facilitates real-time bidding for advertisers.	Session

Further Information

Information on my user of cookies can also be found on the cookie banner on my website. For more information about how cookies are used, the cookie regulations and how to control cookies, please see [Cookies](#) on the Information Commissioner's Office (ICO) website.